

# Ready to Begin Your Social Justice Journey: 4 First Steps

## 1. Gather your support team.

Don't try to do this work alone. You will need support and accountability. Look around you. Who do you know who is struggling with similar issues? Who has some expertise in areas you don't?

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## 2. Identify where you are.

What is your context? Why are you feeling drawn to this work?

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## 3. Get comfortable with getting uncomfortable.

Confronting the systematic oppression in our world will require personal work and honesty about our own role in those systems. Be prepared to be uncomfortable and understand that if you are not, you are not doing the real work.

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## 4. Make a commitment.

A companion to getting uncomfortable is making a commitment to the work. This will be a journey, a life long journey. Make a covenant with your team. Be sure to include concrete action steps.

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**What is your next most faithful step?**

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*You shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength, You shall love your neighbor as yourself. ~ Mark 12:30 NRSV*



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