

Coronavirus / COVID-19 Volunteer Opportunities

Is the spirit calling you to action? If you're looking for ways to help with the COVID-19 effort, there are several opportunities, many of which you can do from home.

People are helping from home by sewing masks, making protective equipment for health care providers, phoning people to check on them, donating, helping people connect through video calls, or even helping to develop 3D-printed ventilators.

Outside the home, people are delivering groceries and meals, donating blood, helping with food pantries, and providing translation services.

If you are hearing the call, here's a list of websites and Facebook pages to help you find volunteer opportunities.

[San Diego Community Volunteers for Coronavirus Response](#) is a Facebook page of organizations and community efforts looking for volunteers, and volunteers looking for places they can help. It has an associated [Google Doc](#) that summarizes many of the opportunities.

The [San Diego Coronavirus web page](#) has information on volunteering, including food banks and blood donations.

[Caremongering North County](#) is a Facebook page that focuses on organizing community resources in San Diego county in response to the COVID-19 pandemic.

The Riverside University System's [Coronavirus page](#) has a "volunteer" link for medical, and some non-medical, volunteers.

The Riverside University Health System [is calling for donations of protective gear](#), including homemade masks.

<https://serve.ca.gov>, a California state government web site, has a list of ways to help.

The [Hawaii Coronavirus Support Network](#) Facebook page doesn't strictly focus on volunteer opportunities but does have some discussion of them.

[JustServe.org](#) is a search engine for volunteer opportunities. It has instructions [here](#) for finding opportunities you can work on from home and opportunities specific to Coronavirus/COVID-19. San Diego County has created its own JustServe page: <http://justserve.org/sdcounty>

Updated Apr. 4, 2020