

Life Long Learning for Mission and Leadership



PALLMM
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SPIRITUAL CARE
AND
WELLNESS

Preparing Adult Lay Leaders for Mission and Ministry

SPIRITUAL CARE AND WELLNESS

Why is the Pacifica Synod offering Spiritual Care and Wellness events?

The Pacifica Synod recognizes the need for the Church to take their care-based ministries into their local community. Through the Preparing Adult Lay Leaders for Mission and Ministry program (PALLMM), the Synod is presenting a wide range of opportunities for interested people to become better equipped to minister to the needs of the whole person.

For whom are the events?

All people with a desire to learn and serve are welcome. Those already serving within a congregation will have the effectiveness of their ministry enhanced. The program will also provide a gateway into other established care ministries by helping to identify and strengthen the gifts the student develops at these events.

Equally important and a point of focus is the spiritual and physical wellness of the participants themselves. The Pacifica Synod is blessed to have many gifted teachers and leaders, both clergy and laity, who help minister to the needs of the individual and community.

What kind of subjects will be offered?

The kinds of areas covered under Spiritual Care and Wellness are wide and varied. Some of the basic areas are:

- Parish Nursing
- Elder Care
- Health and Wellness
- Spiritual Gifts Discernment and Development

How long are the events and how much does it cost?

The events will take the form of regular on-going classes, workshops, retreats, and other venues. The cost will vary with the type of event offered. These opportunities may lead the lay person to look into other established ministries. There are scholarships available for participating congregations and individuals.

Where do I go for the events and who teaches them?

Seminary and college professors, pastors, and other presenters with particular skills teach the classes and events. They are offered at various sites around the Pacifica Synod on a rotating basis. Some classes are offered online. There will be other events presented as retreats for more intimate and intense experience.